

ambient prayer 5

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descent
meditation
silence
ascent**



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Practice

A modified lectio divina;

First, listen to the poem – don't worry about meanings, just let it wash over you.

Second, listen again and this time pay attention to the part or parts of the poem that made you pay attention, something that pulls at you or seems to be full of energy. It could be an image, a line, even a single word. Sit with that thought for a moment.

Then, listen one more time, focusing on those key parts. Are you being asked a question? Are you receiving an invitation?

Collect

**Come I this night to the Father,
Come I this night to the Son,**

Come I to the Holy Spirit powerful;

Come I this night with Christ,

Come I this night with the Spirit of Kindness

Come I to Thee, Jesus.

Jesus, Shelter me.



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