

ambient prayer

Opening prayer

Turn towards God
with all of your being
Throw your turbulent concerns
your anxieties and joys
into the calm and unfathomable sea of God
Let them sink down
until the ripples have ceased
do not look for them
or cast lines into the depths to fish for them

Holy God, holy and eternal
maker and sustainer of all things
calm the storms of our hearts and minds
Carry us in the ship of your love
across the reflecting sea of prayer
guided by your Son

Amen

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Closing prayer

Return clean from prayer to the world
and love it more

Let calm trust in God be rooted in you
like a tree that stands secure

Become shelter and healing to those around you
Bear fruit

Holy God, holy and eternal
maker and sustainer of all things
fill us with the strong hope of your Spirit
Help us plant the seeds of your love
into the broken ground of the world
watered by your Son

Amen

grace

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